



## Free Services now available at The B.E.A.T. Center:

*1769 Hooper Ave, Toms River, NJ (732) 731-1400*

*Walk-ins are welcome unless otherwise noted.*

*Please call (732) 731-1400 for most up-to-date information.*

Services	Agency	Days	For information or appointment, call:
Utility and housing assistance programs	Affordable Housing Alliance	Wed - utilities 8-4:30pm Friday - housing 8-4:30pm	Utilities 732-982-8710 Housing 732-389-2958
Immigration legal services	American Friends Service Committee	Mondays 8-4:30pm	973-474-9851 by appointment only.
Mental health services	Crosswinds	Tuesdays - 12:30-4:30pm	848-221-3022
Assistance applying for food stamps, affordable health insurance, free tax preparation, culinary training program	FoodBank of Monmouth and Ocean Counties	Mondays and Fridays 8:30-4:30pm	732-643-5888
Resources and counseling for people and families of people dealing with addiction	Hope Sheds Light (starting October)	Thursdays 12:30-4:30pm	855-350-2790
Nonprofit community restaurant serving in need and paying customers	JBJ Soul Kitchen	Wed, Thurs, Fri, Sat 5-7pm Sun 11:30 - 2pm	Stop by at 4pm Wed-Sat or any-time during hours of operation
Home energy assistance programs (LIHEAP, USF) for home energy bills and weatherization program	O.C.E.A.N. Inc. (starting October)	1st Wed of month 9 -1pm Last Wed of month 1-4pm	732-244-9041 Ext. 100
Food for immediate needs	People's Pantry	Mon, Tues, Thurs, Fri 9:30-4:30, Wed 11-6pm	732-731-1417
Senior Guidance Program - Counseling program for adults age 60 and over	Preferred Behavioral Health (starting October)	Tuesdays 8 - noon	732-367-4700, Ext. 7195 by appointment only
Domestic violence information and services	Providence House	Wednesdays 9 - 4pm	24/7 hotline 732-244-8259. Please call in advance for appointment.