



Feeding Families, Improving Lives.

September 2015



September is Hunger Action Month – Together We Can Solve Hunger

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Thanks for Attending the Healing Hunger Carnival! Sponsored by the Elbogen & Beer families in Spring Lake on Aug 28!</p> 	<p>Spread the Word Post a 30 Ways in 30 Days Calendar on the office fridge.</p> 	<p>1 Check Out Hunger Volunteer for the campaign or scan a coupon at your local grocery store this fall.</p> 	<p>2 Join Our Team! Become a FoodBank volunteer today!</p> 	<p>3 Hunger Action Day Sort-a-Rama S.O.S Food Drive Selfie-Station Come on Over!</p> 	<p>4 Save a Bunch Bag a Lunch Organize a Bring your Lunch to Work Day & donate the savings.</p> 	<p>5 Garage Sale Organize a neighborhood garage sale & donate 10% of the proceeds.</p> 
<p>6 Grandparents Day Plan an activity with your grandparents to help those in need.</p> 	<p>7 If you own a business... Designate a day to donate a portion of your proceeds to fight hunger.</p> 	<p>8 Fight Hunger... in a big way by giving up that café latte.</p> 	<p>9 Foodless Food Drive Encourage your civic organization to raise funds for the FoodBank.</p> 	<p>10 Tweet or Blog about Hunger Get Social to raise awareness about hunger in our communities.</p> 	<p>11 Like Us! Find the FoodBank on Facebook and "Like" us. Then ask your friends to like us too!</p> 	<p>12 Set an Empty Plate To remember those less fortunate throughout the year.</p> 
<p>13 Share A Meal Cook a meal with loved ones While cooking and eating, discuss the importance of fighting hunger.</p> 	<p>14 Spread It Around Peanut butter and jelly are needed. Organize a Food Drive.</p> 	<p>15 Tweet Us! Follow @theFoodBankmoc on Twitter.</p> 	<p>16 Pound\$ for Dollar\$ Convert \$ into pounds by donating on behalf of your school to help meet the school challenge.</p> 	<p>17 Volunteer Call the FoodBank to volunteer your time & talents. We need you!</p> 	<p>18 Match It! Ask your employer to match employee donations to the FoodBank for Hunger Action Month.</p> 	<p>19 Pickle Palooza in Island Beach State Park</p> 
<p>20 Become a Monthly Donor Your monthly gift fights hunger year-round</p> 	<p>21 Culinary Classic Taste the Best of the Shore at the Culinary Classic. at Doolan's in Spring Lake</p> 	<p>22 Day of Service/Hunger Challenge Participate in a day of service to kick off the Hunger Challenge</p> 	<p>23 Garden Abundance Bring your extra produce to a local food pantry.</p> 	<p>24 Speak Out Write or call your elected officials. Ask for support of programs that help hungry families</p> 	<p>25 Sweet Savings Pass up dessert and donate the savings to the FoodBank.</p> 	<p>26 Thank a Chef Say "thanks" to the generous chefs who donated to the Culinary Classic by dining out.</p> 
<p>27 All American Car Show in Seaside Heights</p> 	<p>28 A Place at the Table Watch this powerful film about hunger in America</p> 	<p>29 Feed a Family Donate 30 non-perishable food items to the FoodBank</p> 	<p>30 Become a Donor – learn more!</p>	<p>Join us on October 16 for Childhood Hunger Day!</p>		