

Shelf Life Reference Guide	
Baby food	Use by date
Baking/ dry goods	8 months
Peanut Butter	18 months
Jelly/Jam/Preserves	18 months
Beans/ dry	1 year
Cans	2 years
Cereal	1 year
Condiments	12 months Mayo – Use by date
Medicine	Use by date
Oils	6 Months
Pasta	2 years
Rice	2 years
Snacks	8 months
Spices	2 years
Supplements	Use by date
Coffee/ tea/ cocoa	18 months
Soda	3 months
Water	1 year
Spaghetti Sauce	18 months
Pudding/Gelatin “Snack Packs”	60 days
Fruit Juice	9 months
Juice boxes	6 months
Commercial Bakery Snacks	3 Weeks