



# Network News February 2019

Questions? The Network Engagement Team is here to help!

[net@fulfillnj.org](mailto:net@fulfillnj.org); 732-643-5889.

## Important Dates:

Fulfill will be closed **Monday, February 18<sup>th</sup>** for President's Day

The BEAT Center will be closed on **Wednesday, February 20<sup>th</sup>**

## Save the Date!



## Fulfill's 2<sup>nd</sup> Annual

# NETWORK PARTNER CONFERENCE!

**Tuesday, April 9, 2019**

**9:00AM — 3:00PM**

**At Grace Bible Church in Allenwood (Wall)**

*See attached flier for more details*

Fulfill is providing **FREE TAX PREPARATION** through April 15, 2019. Households with dependents earning \$55,000 or less (or individuals earning under \$35,000) qualify to get their taxes done for free through the IRS sponsored Volunteer Income Tax Assistance (VITA) program.

*Please see attached flier with further details*



Fulfill will be participating in **St. Patrick's Day Parades** in Belmar on March 3<sup>rd</sup> and Seaside Heights on March 9<sup>th</sup>. Please let us know if you would like to march with us!



**Neptune Facility**  
3300 Route 66  
Neptune, NJ 07753

**The B.E.A.T. Center**  
1769 Hooper Avenue  
Toms River, NJ 08753

732-918-2600  
[fulfillnj.org](http://fulfillnj.org)



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## Safe Food Handling

*Must be completed every three years*

February 13<sup>th</sup> at Neptune  
- 2:30PM

March 25<sup>th</sup> at BEAT  
Center – 2:30PM

April 22<sup>nd</sup> at Neptune –  
2:30PM

## Upcoming Trainings

### Agency Orientation

February 28<sup>th</sup> at Neptune – 1:00PM

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### Agency Express

February 28<sup>th</sup> at Neptune – 2:30PM

*Please note that RSVP for all trainings is mandatory.*

### CMT-Client Management Tool

February 26<sup>th</sup> at  
Neptune – 2:30PM

### TEFAP/Civil Rights Training

March 13<sup>th</sup> at  
Neptune – 2:00PM

## Gluten Free Pizza Crust (Serves 2)

### Ingredients:

1 cup oats  
3 egg whites  
1/4 cup 1% milk  
1/4 tsp. salt  
1/4 tsp. baking powder

### Optional Toppings:

Shredded cheese  
Sliced vegetables  
Tomato sauce  
Pesto

### Directions:

1. Preheat oven to 400°F.
2. Add the crust ingredients to a blender, and blend on high for 1 minute.
3. On a greased baking sheet, form a round pizza shape. The crust should be about 1/2-inch thick.
4. Bake at 400°F for about 8 minutes.
5. Remove from the oven and turn it over.
6. Add toppings of choice and bake for another 5 minutes at 350°F.



## Seed to Supper

Learn to **PLAN YOUR GARDEN** with the first garden-based workshop of our 2019 growing season. Participants will learn how to create a planting map and grow in containers efficiently. This class will be held at Fulfill's Neptune location on March 29<sup>th</sup> at 1:30 pm.

To learn more please contact Jess Sinkhorn at [jsinkhorn@fulfillnj.org](mailto:jsinkhorn@fulfillnj.org) or 732.643.5877.



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