

SNAP (food stamps): Are you eligible?

1. Income Level (Effective 10/1/22-9/30/23)

Your gross monthly income must be less than the following* (note exception for seniors below):

Household Size	1	2	3	4	5	6	7	8	+1
Maximum Gross Income	\$2,096	\$2,823	\$3,551	\$4,279	\$5,006	\$5,734	\$6,462	\$7,189	+\$728

Gross income includes (but is not limited to):

Earned income

TANF/General Assistance

Social Security

Unemployment Benefits

Workers Compensation

Veterans Benefits

Child support

Alimony

Interest and dividends

*The gross income limits do not apply to seniors (60+) and disabled individuals. They must meet less strict net income limits, which factor in deductions for medical, shelter, and other expenses.

Maximum allowable resources

The maximum allowable resources, including both liquid and non-liquid assets of all members of the household, shall not exceed **\$2,000** for the household; except that for households including a member or members aged 60 or over, such resources shall not exceed **\$3,000**

3. Work Requirements

You must meet basic work requirements of the Food Stamp Program.

- Seniors and disabled are exempt from work requirements.

4. Immigration Status

You must be a U.S. Citizen or qualified immigrant.

Qualified immigrants include (but are not limited to):

- Qualified immigrants who have been in qualified status for at least five years
- Most refugees and people seeking asylum, including entrants from Cuba or Haiti
- Those lawfully in the US on Aug. 22, 1996 and under age 18 or over 75, or receiving government payments for disability or blindness

5. Living Facility Status

You must not live in a facility where free meals are provided.

Eligibility - College Students

More college students may be eligible for SNAP. You may be eligible if you are enrolled at least half time in an institution of higher education and:

- are eligible to participate in a State or federally financed work-study program as determined by the institution of higher education;
- or in the current academic year, have an Expected Family Contribution of \$0 as determined by the Higher Education Act

This expanded SNAP eligibility for college students will be available as long as federal public health state of emergency remains in place and for 30 days after the federal public health state of emergency expires.

**For more help in applying for Food Stamps/SNAP
CALL FULFILL TODAY**

732-643-5888 (SE HABLA ESPAÑOL)