



## *Learn to cook professionally*

*at the Culinary Arts Training Program  
and begin to build your culinary career.*

The Program offers:

- 13 weeks of hands-on culinary training Monday to Friday 8:30 am - 3:00 pm,
- Experience preparing up to 200 meals a day in a commercial kitchen,
- ServSafe Food Protection Manager and Red Cross CPR Certifications,
- Educational requirements for the Certified Fundamentals Cook/Pastry Cook exam from the ACF
- Job readiness skills
- Ongoing support after the program ends.



Applicants must meet certain requirements.  
See reverse side or call for more information.

**Classes held at: Fulfill  
The B.E.A.T. Center  
1769 Hooper Ave., Toms River**

**Apply now! New classes begin on:**

**September 18, 2023**

**Application is online at [www.fulfillnj.org](http://www.fulfillnj.org)  
Click on Programs and Culinary Training**

**Or call (732) 731-1400 Ext. 1403**



## *Are you up to it?*

### Culinary Arts Training Program Requirements for Student Applicants

Applicants for the training program must be:

- Be 18 years of age or older
- Have reading and math skills of at least an 8<sup>th</sup> grade level
- Be available for class from 8:30am – 3:00 pm Monday through Friday and attend on time daily
- Be available for a few evening events, with advance notice
- Be curious, ready to learn and willing to do homework
- Be conscientious about studying in order to be prepared for written tests
- Be passionate about and have a strong desire to work in the food service industry
- Be able to speak, read, hear and comprehend English in a fast paced environment
- Be able to see well enough to read from a distance and to visually inspect the food
- Have the ability to lift up to 50 pounds and stand up to 8 hours per day
- Have the mobility to move within a small space without endangering themselves or others
- Have adequate manual dexterity and strength to perform general kitchen duties (cutting, chopping, pouring, carrying)
- Be clean and sober and willing to take random drug tests
- Not be a danger to self or others
- Be ready, willing and able to accept employment before or upon graduation from the program.

Scholarships are available for income eligible applicants